Stakeholders Group for Persons with Developmental Disabilities Meeting Notes

September 19, 2002

I. Participants

Ellen O'Neil, Carol Bowen, Juanita Rettinghaus, Mitzi Moore (sitting in for Jill Sanford), Elaine Lewis, Connie Saverino, Rebecca Treiber, Carol Fitzgibbons, Mary Krieger, Mary Ellen Stives, Debbie Marshall, Evalyn Greb, Sara Barnett

II. Discussion Points

- Since many of the participants were new to the group, much of the meeting was devoted to presenting an overview of Long Term Care Integration Project (LTCIP) planning to-date and how the Stakeholders Group for Persons with Developmental Disabilities fits into the project.
- The LTCIP Healthy San Diego (HSD) integrated service delivery model expands HSD (San Diego County's existing geographic Medi-Cal managed care program) to include the Aged, Blind and Disabled (ABD) population as well as home and community based services (HCBS).
- LTCIP Options Workgroup is also developing other LTC delivery models and possible pilots to test in San Diego.
- Early in the LTCIP planning process, the Data/Finance Workgroup identified the developmental disabilities population as the mostly costly sub-group targeted for the LTCIP. Based on their findings, the workgroup recommended to carve out this population. Strong opposition to this recommendation led to the formation of the Stakeholders Group for Persons with Developmental Disabilities.
- The goals of this workgroup are to, (1) help develop a plan to prevent duplication and fragmentation of services for persons with developmental disabilities and, (2) make a recommendation to the LTCIP Planning Committee regarding inclusion of this population.
- State budget concerns may lead to a decision to mandate the ABD population into Medi-Cal managed care. The LTCIP can provide a better alternative, so it is imperative to continue improving its potential service delivery model.
- The success of this workgroup is dependent on receiving input from the Regional Center and other key stakeholders regarding best practices,

helpful models (i.e., Exceptional Family resource Center) and lessons learned.

- Caregivers also need to be a part of the decision-making process.
- Self-determination, a guiding principle for the developmental disabilities population, needs to continue to be a guiding principal for the LTCIP.
- Concerns:

- * How will the LTCIP deal with current mandated regulations for agencies that serve this population? Ideally, the LTCIP would request in a waiver to remove current regulations from all LTC services and replace with more streamlined regulations such as using one central care plan with a single care plan manager and allowing specialists to act as the primary care physician.
- * Sharing or pooling funding may have a negative financial impact on agencies. Competition and turf issues exacerbate this concern.
- * How will LTCIP integrate care to provide full continuum of services (health, social and supportive)? The LTCIP Community Network Development Workgroup is currently analyzing ways to form cohesive and marketable networks of community based organizations that can then contract with health plans to provide the necessary social and supportive services.

III. Suggestions/Recommendations

- Review LTCIP web site for information about best practices in care management. Go to www.co.sandiego.ca.us/cnty/cntydepts/health/ais/ltc/PhaseII.html, click on "workgroups," then "case management workgroup," and "Reference Material/Meeting Handouts."
- Review Regional Center web site to learn more about their self-determination pilot project (http://www.sdrc.org/self-determination/).
- Visit the Robert Wood Johnson Foundation cash in counseling pilot, which relates to concept of self-determination (www.umd.edu/aging).

IV. Current Action Steps

- Brainstorm ideas for meeting the goals of the workgroup.
- Bring suggestions and additional questions to next meeting.

V. Next Meeting

Friday, October 18, 2002, 8:30 AM -10:00 AM. Location: TMI (Toward Maximum Independence) 4740 Murphy Canyon Rd., Suite 300 San Diego, CA 92123